

Course overview:

Team Building Techniques

(C400eng)



the courseware
company

www.courseware.co.uk
sales@courseware.co.uk

Overview and objectives

This 2-day course will introduce delegates to the activities and techniques that make for effective team building. This will focus on individual actions and team actions that help build effective teams.

Who should attend?

Participants need to be working in teams and have an interest in making their teams more effective. For maximum effectiveness all members of a team should participate in this course at the same time. Research has shown that if just a few select individuals attend “Team Building Techniques” rather than a complete team, it produces slower results than if the whole team attends.

Introduction to Teams

- Why use teams?

Team Dynamics

- Task versus Process • Task Achievement in Teams

Team Communication Skills

- Creating Trust and Openness • Giving and receiving feedback • Feedback rules • Johari Window • Self disclosure

Team Roles

- Belbin Team Roles

Team Relationships

- Competition, Co-operation, Collaboration Team Development • Tuckman's Team development model • Analysis of current team

Team Effectiveness

- What makes an effective team? • Personal Effectiveness in Teams

Leadership

- Consideration of different styles • Creativity in Groups

Influencing Team Members

- Techniques for influencing others • Support and Challenge

Action Planning

- Individual action planning

gtslearning, 1998-2002. All rights reserved. All trademarks are the property of their respective owners
